

A Seasonal Gift

Small handmade moments
in tune with the season



Harvest



A Seasonal Pause

This seasonal gift is a small present from me to you.
I'm Ilona (writer, designer and teacher) and I live and work in tune
with the rhythm of the seasons.

Everything I create comes from the same desire:
not to let the year slip by unnoticed, but to truly experience it. And to
reconnect, again and again, with your own natural rhythm.

With Jaarrond I invite you to experience the year more
consciously, step by step.
And in my studio FeltFolk I design felt patterns, so that the turning of
the year can also be seen and felt in your home.

Enjoy this seasonal gift,
and may it gently invite you
to take joy in all that is already here.



Seasonal Wisdom

Harvesting in late summer

The fields are turning golden, the wheat is ripe, and everywhere nature reveals what has grown over the past few months.

Harvest season invites us to pause for a moment.
To focus on what is already here, instead of what is missing.

That sounds simpler than it often is.

Our attention naturally shifts towards the future:
towards what could be better or what we would still like
to change. Yet nature shows us how valuable it is
to receive before moving forward again.

Harvest season asks for more than gratitude.
It invites us to be fully present.

Moment of Reflection

Can I simply enjoy this moment?

Seasonal Invitation

Take some quiet time this week to enjoy the things
that make you happy, without looking backwards or forwards.

As you do, create this small harvest scene and
place it somewhere you will see it regularly.

Let it be a gentle reminder that abundance is often already here.
We only need to notice it.

Seasonal Wheel

Would you like to keep creating with the seasons?



Did this small making moment leave you wanting more?

I designed this harvest scene in the same warm, storytelling style as my larger Wheel of the Year: a felt seasonal calendar made up of eight sections, each representing a transition in the seasonal year.

In August, the complete digital pattern book will become available in my Etsy shop. You will receive all eight patterns at once, so you can create the wheel with your own materials and in your own time.

Would you rather follow the seasons and make the wheel slowly alongside others? A new year group begins on 21 September.

You will receive the complete materials package at the start, followed by a new digital pattern around every seasonal transition.

You can also join the private group to ask questions and share your progress.

[Discover the complete Seasonal Wheel](#)

A Seasonal Gift

Harvest scene



With this Seasonal Gift, you will make a beautiful harvest oval. You can add a ribbon and hang it somewhere, or place it on your seasonal table. It also looks lovely displayed alongside a card, creating a small seasonal corner for late summer.

The oval shows a woman gathering the wheat harvest. For thousands of years, our ancestors celebrated harvest festivals in early August to honour the gods of the grain. The first loaves of bread were baked and the final ear of wheat was harvested ritually.

Nature gives abundantly at this time of year, but a shift is also becoming noticeable. The crops are no longer growing as vigorously and the daylight grows a little shorter each day. Before long, late summer will turn into autumn and we will begin to turn inwards again.

A Seasonal Gift



Materials

Sand-coloured felt: 20 × 10 cm
Beige felt: 5 × 2 cm
Salmon-pink felt: 3 × 2 cm
Ochre felt: 10 × 6 cm
Light yellow felt: 6 × 3 cm
Yellow felt: 4 × 3 cm
Dark red felt: 4 × 4 cm
Red felt: 3 × 2 cm
Orange-brown felt: 5 × 4 cm
Brown felt: 4 × 2 cm
Off-white felt: 3 × 2 cm
Matching thread



Take one of the two sand-coloured ovals as the base for all the pattern pieces. Before you begin sewing, lay all the pieces on the oval first to make sure everything fits nicely. Many of the felt pieces overlap, so it is important to check their placement carefully.

Begin by attaching the dark red sun. Part of it will later be hidden behind the different hills and the woman, so position it carefully. Use matching thread and stitch through all the layers of felt. Keep knots and loose thread ends at the back, where they will later be hidden.

Attach hill 1. The dotted line on the pattern indicates where the ochre hill will be placed later. Then attach hill 2. Again, use matching thread. Along the outer edges of the oval, you can use a blanket stitch instead of small running stitches.

Attach the ochre hill. Most of its outer edge should line up with the edge of the oval.

Now you can begin making the woman. Attach the orange-brown skirt first. Its lower edge should line up with the edge of the oval. Place the bottom of the sweater directly against the top of the skirt and sew it in place.

A Seasonal Gift



Do not attach the sleeve yet. First, sew the three wheat ears marked number 3 in place. They should extend slightly above the sleeve.

Secure them by embroidering lines onto the felt with small running stitches and light brown thread, creating a vein-like pattern as shown in the photo above. Then use a double strand of yellow thread to embroider long lines from the bottom of each wheat ear down towards the skirt.

Attach the hand in the correct position with a few small stitches. Only then should you sew the sleeve in place.

Attach the salmon-pink face with small stitches. Place the hair behind the face and position the headscarf over it. You only need to secure the headscarf with small stitches. This will hold the hair in place while allowing the lower edge to remain loose and gently wave.

A Seasonal Gift



Attach the other wheat ears, marked numbers 1 and 2, on either side of the woman. Secure them in the same way with small stitches. Use a double strand of yellow thread to embroider long lines from the bottom of each wheat ear to the bottom of the oval. Tie the knots at the back.

Attach the four poppies by making a few small stitches in the centre with black thread. You do not need to sew down the outer edges; these remain loose.

Using green thread, embroider a line from the bottom of each poppy to the bottom of the oval to create the stems.

Attach the cloud with small stitches. Using a double strand of dark brown thread, embroider the birds by making a small V shape for each one.

Place the second sand-coloured oval against the back of the decorated oval. Join the two layers by sewing a blanket stitch all the way around the edge.

Your harvest oval is finished!

Did you enjoy this pattern?

I'd love to see what you made!

Tag [@feltfolkdesigns](#) on Instagram or send a photo to info@hetuilenhuis.nl

For more felt inspiration, visit my [Etsy shop](#)

Would you like regular reminders on how to live in tune with the seasons?

Follow me at [@jaarrondleven](#)



Pattern



Hand 1x
salmon



Sweater
1x beige



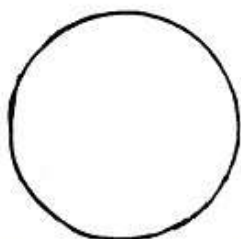
Face
1x salmon



Hair 1x brown



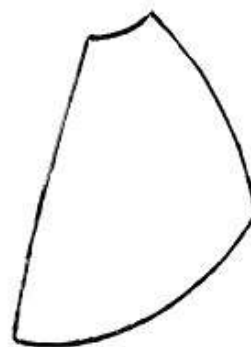
Head scarf
1x beige



Sun 1x dark red



Cloud 1x off white



Skirt 1x orange brown



Poppies each 2x red



Wheat 1: 1x
ocher yellow



Wheat 2:
2x ocher



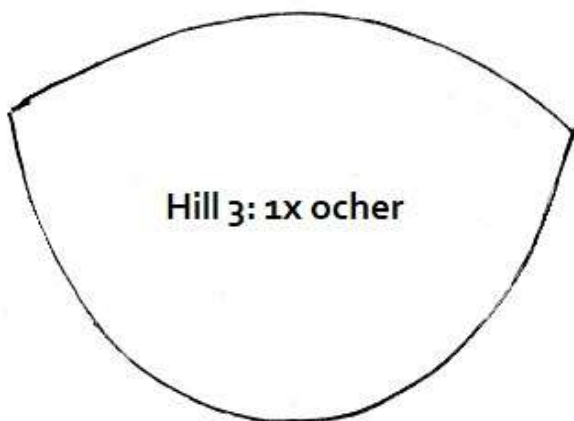
Wheat 3:
3x ocher



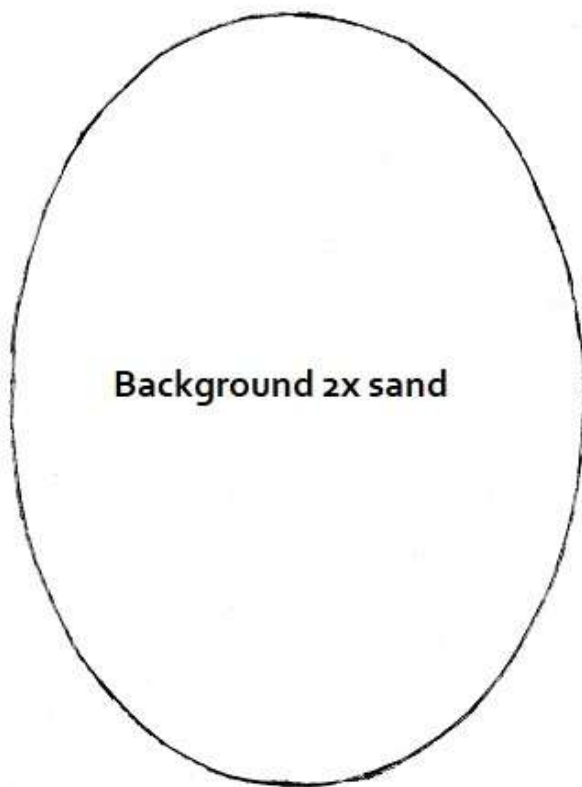
Hill 1: 1x yellow



Hill 2: 1x light yellow



Hill 3: 1x ocher



Background 2x sand